

FALCONS

are

Open-minded,

Inquiring,

Collaborating,

Reflecting



Attendance: **You matter**

Attitude: **Actions matter**

Academics: **Learning matters**

FALCONS are Open-minded, Inquiring, Communicating, Reflecting



Attendance: **You matter**

Attitude: **Actions matter**

Academics: **Learning matters**

MP 4

Monday, January 9, 2023
Period 1/7



Falcons know our Actions Matter

IB INQUIRY: WHY AND HOW DO OUR ACTIONS MATTER?

- 1) *What's inside the new building? If you're unsure, how do you find out?*
- 2) *How should Falcons treat the new Student Union?*
- 3) *What should be allowed?*
- 4) *What should NOT be allowed?*





Falcons inquire about resources on campus

IB INQUIRY: HOW DOES **INQUIRING** AND SEEKING HELP SHOW THAT **WE MATTER** ?

Mental Health Support: Wellness Center room 403

- Get a pass from teacher if visiting during class time, or drop in during brunch/lunch. *Open every school day*

Academic/Classroom Supports:

- Your teachers
- Tutoring—in room 407, before and after school
- Tutoring—online with Paper.co, 24 hrs/7 days
 - On your ARMS account; link on AH website
- School counselors— in Student Union
Ms. Ramirez (9th); Ms. Nguyen (10th)

Ms. Braga (11th); Ms. Flores (12th); Ms. To (ELD 1-4, Puente)

- Advisors— in Student Union





Falcons inquire about resources on campus

IB INQUIRY: HOW DOES **INQUIRING** AND SEEKING HELP SHOW THAT **WE MATTER** ?



Tutoring Center: open daily

Support Programs for college and career, financial aid and scholarships (Room 401):

- DCAC
- Cal-SOAP
- 10,000 Degrees

School website has many additional resources and helpful links:

<https://andrewphill.esuhd.org/>



Falcons know that Academic Matters

IB INQUIRY: WHY IS COMMUNICATING ABOUT OUR PROGRESS IMPORTANT?

Find out about your academic progress:

[How to log into or get an ARMS account](#)

- 1) Log into your ARMS: arms.esuhsd.org
- 2) Click on **Infinite Campus**
- 3) Check your [graduation credits, grades and transcript](#)
- 4) Check your [attendance](#).

Any questions or concern, see your counselor



Period 7:
Complete the lessons for
Slide 1-3

Falcon Way Lessons

Tuesday, 1/10/23



Falcons reflect on our actions and progress during first semester.

IB INQUIRY: WHY IS REFLECTION IMPORTANT FOR OUR OWN GROWTH AND LEARNING?

3-2-1

In thinking about your first semester:

- *Name 3 things that went well.*
- *Name 2 things that you struggled with.*
- *Name 1 thing that you would have done differently if you knew then what you know now.*

In thinking about last semester in this class, reflect on the following questions:

1. Are you happy with your grade? If not, what grade would you have liked to have in this class?
2. List your strengths as a learner in this class
3. List your weaknesses as a learner in this class.
4. If you're not happy with the grade you earned last semester in this class, what changes can you make in order to earn the grade you want?
5. What support would help you to be (more) successful in this class?
6. My goal for this class this semester is to:

[Sem. 1 Reflection worksheet Link](#)



Falcons reflect on our actions and progress during first semester.

IB INQUIRY: HOW DOES REFLECTING ON OUR PROGRESS SHOW THAT LEARNING MATTERS?

How do you set SMART Goals?



[Video Link \(4:08\)](#)

1. What is the purpose of setting a SMART Goal?
2. Think about a goal you want to achieve this grading period. It can be an attendance, attitude, academic, or any other type of goal. What goal is most important to you?!
3. Complete the SMART goal worksheet

[\(Short\) SMART Goals Worksheet Link](#)

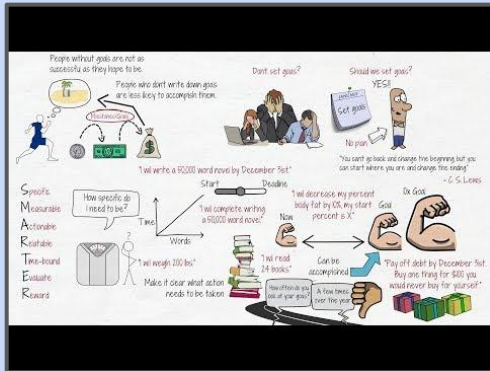
[\(Long\) SMART Goals Worksheet Link](#)



Falcons reflect on our actions and progress during first semester.

IB INQUIRY: HOW DOES REFLECTING ON OUR PROGRESS SHOW THAT LEARNING MATTERS?

How do you set SMART Goals?



[Video Link](#) (6:11)

1. Do you agree with the video about why a person should set goals? Why or why not?
2. Think about a goal you want to achieve this grading period. It can be an attendance, attitude, academic, or any other type of goal. What goal is most important to you? Why?
3. Complete the SMART goal worksheet

[\(Long\) SMART Goals Worksheet Link](#)

[\(Short\) SMART Goals Worksheet Link](#)



Falcons are open-minded to learning about time management

IB INQUIRY: HOW DOES **BEING OPEN-MINDED** SHOW THAT **ATTITUDE MATTERS**?

- 1) *What are your big rocks?*
- 2) *What are your small pebbles?*
- 3) *How are you managing all the responsibilities you have?*





Falcons are open-minded to learning about time management

IB INQUIRY: HOW DOES **BEING OPEN-MINDED** SHOW THAT **ATTITUDE MATTERS?**

- 1) *What are you using to help you keep track of your responsibilities and to manage your time?*
- 2) *Name 2 management skills from this video that you can try.*



[Video Link \(6:20\)](#)

Period 6



Falcons are open-minded to giving their feedback and reflect on what works.

IB INQUIRY: HOW DOES BEING COMMUNICATIVE SHOW THAT ATTITUDE MATTERS?

Students:

Please take this **anonymous** survey to let us know your thoughts about these Falcon Way lessons.

[Student Survey Link](#)

Teachers:

Please take this **anonymous** teacher survey to provide your feedback about the lessons.

[Staff Survey Link](#)